

# INTERMEDIATE TRAINING IN PAIN MEDICINE

## A Short Guide for Trainers

The [2010 RCoA Curriculum](#) sets out the knowledge and skills framework for Intermediate Pain Training (IPT).

Where possible this should be delivered as a **dedicated block**. A minimum of twenty sessions of pain training should be provided.

This should comprise a mix of:

- Acute / inpatient pain
- Chronic / outpatient pain
- Interventional pain
- Cancer pain management.

There should be workplace based assessment undertaken by senior medical staff, including an appropriate mix of case-based discussion (CBD), clinical evaluation exercise (A-CEX) and observation of procedural skill (DOPS). In line with the curriculum the skills focus should be on assessment and management of acute / inpatient pain, assessment of chronic and cancer pain, and an understanding of basic management of chronic and cancer pain rather than an ability to provide interventions.

Trainees should keep a logbook of the activity, ideally including some reflective notes. This should be uploaded to a portfolio, along with WPBAs, attendance records, relevant study and similar relevant documents. The portfolio should be reviewed and, if satisfactory, the Unit of Training should be signed off by the Local Pain Medicine Educational Supervisor (LPMES).

Below are links to some example local guides to Intermediate Pain Training that you may find helpful when designing a programme, these can also be found on the FPM website:

[www.fpm.ac.uk](http://www.fpm.ac.uk).

- [Liverpool](#)
- [Portsmouth](#)
- [Sheffield](#)
- [Wales](#)

Please give your trainees entering this module the [IPT leaflet](#), which provides them with information about Pain Medicine training.